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### **Olympics Past and Present**

Throughout the years the Olympics has been known for many things from terrible scandals to horrible terrorist attacks, but the institution they stand for will always prevail. Over the years there have been many changes to the conduct and rules of the games but the basic traditions still stand true. The Olympics are full of hard working, extremely talented athletes that are striving to be the best of the best, in everything they do.

In the past, the Olympics were primitive compared to the games of today. The selection of games was much more narrow, consisting primarily of javelin, discus, boxing, wrestling, and for the rich and powerful there was chariot or horse racing. Games were also performed nude or in nothing but underwear that resembled a thong. Women were forbidden to compete in the events of ancient Olympics. Some events such as boxing and wrestling did not end until one opponent admitted defeat or was killed. Tolerance for undesirable behaviour, which today would be considered, cheating, was often encouraged. Biting, scratching and gouging out eyes, were all commonplace in many events.

Today the Olympics are a bit more sophisticated. The Olympics in our day have many more events to compete in. They include almost every sport imaginable. There is no killing, and cheating is not only frowned upon it is a punishable offence. The participants are all clothed and women are permitted to enter almost any event they would like. A whole new Olympic season for sports that are only performed in the winter has been created. The Olympics have been separated into summer and winter. They each are still only executed every four years respectively, but they are offset by two years. This design gives us Olympics games every two years.

The Olympics have always been a universal and vigorous way to unite people from all around, in the name of peace. Everyone can benefit from the Olympics. It is just as exciting for the spectators as it is for the participants. The Olympics will continue to bring healthy competition between countries for centuries to come.