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### **Discrimination**

Prejudice and discrimination is awful no matter what its motivation. Race, age and sex are just a few of the major reasons that people discriminate against others. A terrible cycle is caused by the emotions and reactions that prejudice and discrimination cause. There is no doubt that they cause anger in the person or persons on the receiving end. Anger is a very dangerous emotion that many people do not know how to properly express. Once angry, the most typical responses to discrimination is equal and opposite discrimination and hatred. This type of response, while temporary relieving some of the pain that was inflicted, offers the victim no lasting solution.

I witness the damage that is done by racially motivated prejudice on a daily basis. I believe that these types of beliefs are caused by human pride. We all feel that we are the best thing on this earth and need to prove it somehow. Discrimination, prejudice, slander and violence are just ways underachieving prideful people express themselves. Deep down I think people know that they are actually no better than anyone else on this earth, but refuse to outwardly admit it in fear of seeming weak and insignificant.

While I am by far no expert in this field and have no detailed description of an effective solution to the problem of prejudice and discrimination, I will however explain how I try to deal with it. I try to live my life like Jesus. I attempt to imitate his perfect moral standards and infinite mercy he exemplified in the New Testament of the Holy Bible. I believe that if more people held themselves up to the perfect standards of Christ the world would be a better place. Even for non-Christians the life of Christ has been a standard to

compare themselves to. It is a life with out sin, physically impossible for humans but never the less a faultless life to be looked up to for guidance and instruction.